

# **GOD’S REST**

## **“NO PROBLEM, MON!”**

by Dr. Randy C. Brodhagen

“Humble yourselves therefore under the mighty hand of God, that He may exalt you in due time, casting all your care upon Him, for He cares for you!” (1<sup>st</sup> Peter 5:6-7)

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“NO PROBLEM, MON!”

Worry, anxiety, stress, and fear are signs of the times. Everywhere you go, you see people who are stressed. Even so, the Lord has a better way! Jesus said, *“Martha, Martha, you are troubled about many things, but Mary is doing the one thing needful.”*

It is God's desire through this booklet to present to you the wonderful good news that there is truly rest and peace in the Lord.

### Confidence in God

If you have been concerned about the course of this nation or the world, God has a word for you: *“The king's heart is in the hand of the Lord. He directs it like a watercourse whenever he pleases.”* (Proverbs 21:1) The Lord says everything is under His control and according to His plan. Confidence in God needs to stir in our hearts.

Of course everyone should pray *and* vote. Did you believe that God would put the person He wanted into office? Did the one you voted for win? The real issue is, did you believe that God was in control as you prayed He would be?

God answers your prayers, but He doesn't answer your opinions. This is very important to understand. God is a BIG GOD. He is marvelous and wonderful. He calls us to honor, submit, and pray for the authorities in the land. (1st Timothy 2:1-4 and 1st Peter 2:13-17) We are to pray for them so that we might have peace in the land, home, church, and marketplace. God will honor and bless the authorities if we pray for them, believing God.

Again, God's promise is that the king's heart is in His hand, and He directs it like a watercourse wherever he pleases. Authorities cannot just do whatever they want to do!

God is not interested in my opinions, your opinions, or the king's opinions. He is interested in His will being done on this earth as it is in heaven. Put confidence in God's will being done in this earth as it is in heaven. Put confidence in Him — that He is in charge and in control of the leadership of this nation as well as every nation, home, and ministry.

Throughout the Bible, God has accomplished His purpose in spite of evil, wicked, demon-led people opposing Him. God is greater. In fact, He used wicked kings to accomplish His good purpose to His glory.

It is not our place to judge anyone's heart except our own. God will judge each person's heart and life. Our place is to honor, respect, pray, and believe that God will do what He says He will do. (Numbers 23:19) No matter what is in the heart of the leader, husband, employer, or minister, God says He will guide the authorities as He pleases.

If you are going to crusade about anything in life, crusade about the Lord. Lift up Jesus, and He will draw all men and women to Himself. (John 12::32)

Jesus must be lifted up, that everyone who believes in Him may have eternal life. *“For God so loved the world that He gave His one and only son, that whosoever believes in Him shall not perish, but have eternal life. For God did not send His son into the world to condemn the world, but to save the world through Him.”* (John 3:15-17)

We are not to judge, condemn, and crucify others with our opinions. Jesus believed His Father, and He came to save the lost, not condemn them. He is our example. Tell people how much God loves and cares about them. Tell and demonstrate how God destroys the devil's plans and turns things around for good. Tell them how God has everything under control.

### No Problem, Mon!

The Lord told me to go to a certain place, the name of which is unimportant. He said He would give me a word for His people upon arrival. Reaching our destination, my family and I took our luggage to the terminal and placed everything in a heap as we awaited our transportation. As I searched for the restroom, I had a thought. *What if something happens to my luggage?* Out of nowhere I heard these words, “No problem, mon!” I looked up to see a young man standing there, smiling and grinning at me as big as anybody could grin.

“No problem, mon.” The Lord began to minister to my heart about how I had begun to worry about the luggage, but He spoke to me through

this young man to put my mind at peace. I received the word in my spirit and mind, and my body went to the restroom!

This was just the beginning. Everywhere I went, the Lord ministered to me, “No problem, mon.” He wanted me to receive that word into my spirit, mind, and body in preparation for what lies ahead and to understand that there is no problem in life with God. There is nothing too difficult or too hard for Him. He doesn’t want us to be anxious about anything. He wants us to be at peace and at ease in this life.

I spent an entire week in total rest. I couldn’t pick up my cup without someone wiping underneath it. We were waited on hand and foot in an incredible time, and we realized what it is like to rest in God’s provision and presence.

*“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”* (Matthew 11:28-30)

I am quite active, and I believe in work, action, and getting things done. I believe in moving mountains, and if they don’t move when I tell them to move, then I move them. I went into shock for about 24 hours when I kept hearing, “No problem, mon!” I thought I had been relaxing, but I guess I was not relaxing. I was still trying to do everything.

Jesus said, *“Come to me all of you who are weary and burdened, and I will give your rest.”* (Matthew 11:28) I didn’t have the slightest idea that I was wearied or burdened (usually this is obvious) because I just do what I have to do. Since I know the word of God, I seek to act on it. I may mess up, but God is faithful and will help me to get on the right track. He will help you to get on the right track. Admit where you went wrong. Ask God’s forgiveness and get going again.

I don’t like letting my joy level run down. God was incredibly showing me how He doesn’t want us taking a worry or care about anything in life. *“In the presence of God is fullness of joy, blessing, and peace.”* (Psalm 16)

Interesting!!! Interested???

Read Matthew 6:25-34.

The Lord said, *“Don’t worry about your life... seek first God’s kingdom... take no thought about tomorrow.”* (Matthew 6:25,33,34) He said, *“I will give you rest [His rest].”* (Matthew 11:28) Jesus continued, *“Take my yoke upon you and learn from me, for I am gentle [not striving] and humble [submitted to God] in heart, and you will find rest for your souls.”* (Matthew 11:29)

Everywhere we went, we met the humblest and most gentle folks. They were always smiling, happy, and trying to help us. They had the servant’s heart. They were there to please, to help, to do something good to make our lives easier and nicer. I thought I was in heaven.

Jesus said, *“The thief has come to steal, kill, and destroy, but I have come that you might have life more abundantly.”* (John 10:10)

The Lord wanted me to realize His rest for this life. Too often we run around thinking about our lives, trying to make things happen, concerned about today and the future. Friends, what is the sense of it?

I realized that those people didn’t lack for anything. They were not concerned about how much they did or did not possess. They didn’t think or care about such desires. *Yes, I’m learning, Lord, I thought. Help me to realize and be able to communicate to others about your rest.*

## All About Rest

I began to think about the rest we read about in God’s word. How many have actually experienced the rest or sustained the rest of God as a lifestyle? Think about it. You can even strive for blessing and prosperity by trying to believe God and make something happen.

Except the Lord give it from heaven, no man can take to himself that which God has not given. (John 3:27) If God is the one who gives it, then all I have to be is the recipient of it at the right place and time. Obedience to receive God’s promise is vital.

Jesus said that as we come to Him and work with Him, we would find rest for our souls, *“for My yoke is easy and My burden is light.”* (Matthew 11:30) So many Christians are saying, *“It’s been so long and so hard, the devil is doing this, society is falling apart, and shortages are everywhere!”* WHO CARES! NO PROBLEM, MON! GOD REIGNS!

Life goes on, and we must deal with it. We must deal with the affairs of life. As Jesus said, working together with God will make it easier.

I met a fellow who said he didn't want to have too many things because then he would have to be responsible for them. I thought at the time, *What a loss. What a waste.* It is far better to have the blessings which God gives than not to have them – but not if you have that kind of attitude. (People are funny.) Later this same man took a wife, had children, and owned several homes, etc., with much responsibility. He was able to change his values and viewpoint.

People often let their beliefs and values be determined by their situation, rather than their situation being influenced by their beliefs and values. You can have “no rest” with little, or you can have “no rest” with much. In Jesus, you are able to have rest with little *or* with much. (Philippians 4:10-13) The key to life is contentment and rest in Jesus.

In the lobby where we were staying an incident broke out as some children were playing. Selfishness was demonstrated and the situation escalated. Then the parents got involved. (Parents ... get out of the way and let your children learn to be responsible for their own words and actions.) One mother started quarrelling with the other mother. The humble, gentle hosts were watching this and commented, “This ought not to be so. This should not happen here. These people should go home. Everyone should enjoy and be happy here.” Such behavior was foreign to them. *“From whence come wars and fighting among you? Come they not of your own lusts? You have not, and you want to have; you fight for it.”* (James 4:1-3 paraphrased) This verse says something about attitudes and values.

### God's Plans Are Good

Are you concerned about starting new ventures? — maybe it is a new relationship, job, enterprise, or something that you are not certain about doing. In life there will always be new experiences which you will encounter. You don't know what your future holds because you are not God. You cannot plot your course.

No problem, mon!

As we rely on the Lord, He plots our course. He plans our plans. We can agree with Him and enter into His plan for the blessing to happen. We can trust that His plans for us are for good, not for evil, plans to prosper us and give us a hope and a future. (Jeremiah 29:11)

Many people try to regiment their lives while making everybody else's life hell. Do you understand how this occurs? Sometimes you try to make things happen. (Psalm 127) Your style of doing things may not be the same as the style of the next person (or your spouse). For instance, my style is radical. People often don't understand why I do what I do. That is alright. People don't always have to understand why you do what you do. Sometimes it is not for them to understand. You are not they, and they are not you. Each of us are responsible to God for our own actions, words, and life. We are accountable to be faithful to God. (I Corinthians 4:1-4 and John 21:15-23)

Back to our story. Sitting in the hotel lobby, I watched the people. I noticed the only ones who were unhappy in the place were the people who were sitting in the lobby. Everyone else radiated joy and contentment.

Apparently in the moments before departing (while sitting in the lobby), some people were thinking about what they had to leave. You could obviously see that their joy had vanished. I began to avoid the lobby, going where it was joyful and the people were happy.

On the morning of our departure I shared with our waiter, "The only place I have seen unhappy people around here is in the lobby. Today I'll be leaving, but I'll take the happiness I have experienced here home with me. God gave me peace, joy, and contentment. I want people to know that they don't have to lose their joy because they leave a certain place or something changes in their lives. The joy which God has placed in your heart cannot be stolen. It goes with you wherever you go!" The waiter looked at me and said, "That is good! That is good!" "No problem, mon!" I replied.

When you know your life is in the hand of God, there are no problems or emergencies. Problems arise when you try to make your own path, striving to make something happen. Maybe it doesn't seem to



happen as quickly as you think. Who knows, it may not happen at all because it is your plan, not God's plan. What is the sense of getting stressed out about it? It would be better to say, "Lord, take my life, let it be dedicated and set apart to You. You order my steps and direct my ways. (Proverbs 3:5-6) I will go wherever you want me to go and do whatever you want me to do. I will not lose the peace that you have given me." (John 14:27)

You can always tell when you have stepped off the track - you get uptight and your peace is gone. (Philippians 4:4-8)

No problem, mon!

### Psalm 23

➤ *"The Lord is my shepherd, I shall lack nothing."* (Psalm 23:1)

You can say, "I lack nothing because the Lord is my shepherd." It is a good confession of faith.

If He is your shepherd, you are His little lamb.

"I am Jesus' little lamb,  
Ever glad at heart I am,"  
(because I am with the Good Shepherd)."

Somehow, along the way of life, you forget "ever glad at heart I am" as you get caught up in the ongoing saga of life. Daily events, jobs, church, and personal events occupy your time, thoughts, and energy. You get caught up in paying bills, running here and there, and thinking about all the things you must think about.

"I am Jesus' little lamb,  
Ever glad at heart I am,"

seems to fade off into the distance as the affairs and pressures of life press in. I wonder if that is what Jesus meant when he said, *"Except you become as a little child, you cannot enter into the kingdom of heaven."*

You may argue that somebody has to be concerned. Yes, God is concerned. He is the Good Shepherd, and He is concerned about you. Tell someone today that God is concerned about them and loves them.

He is not worried about you because He knows that the good work He has begun in you, He is perfecting and completing. (Philippians 1:6) That is exciting to know!

I walked around our hotel, watching everyone smiling, laughing, relaxing, and enjoying life — except in the lobby.

God gave me a word in the lobby. He said, “Take the joy home with you. Tell the people what I have given you (peace...rest...and the joy... that goes with being with Me.), not where you went.”

➤ *“He makes me to lie down in green pastures.”*

Note: He makes me to lie down. We get so busy running around being concerned and troubled about all the things of life that we don’t want to lie down.

Personally, I almost went into shock by lying down. I discovered that I felt I always had to be doing something. I couldn’t just rest. Do you realize that lying down or resting from your labor is actually doing something? Resting your mind and body is doing something very necessary. Rest is something good.

I am not talking about being slothful or lazy. I am talking about being led by the Spirit of the Lord. Some people rest from their labors all the time. That is why they are broke and have no blessings in their lives. We must learn the difference and the balance.

God makes or causes us to lie down in green pastures. Because sheep are the most anxious and fidgety of creatures, the only time they will lie down is when they are at perfect peace. They will only lie down when they know they are completely protected and cared for. God will make us rest, knowing everything is all right on all fronts. It is well with my soul... No problem, mon!

➤ *“He leads me beside the still waters. He restores my soul.”*

God sets my mind at ease while healing, refreshing, and restoring me. All the areas of anxiety, fear, and trauma are removed as the Lord ministers peace and rest.

Maybe you are anxious, people-battered, or upset at somebody. God will restore you to a place of love, kindness, mercy, virtue, and forgiving compassion as you think on what Jesus has done for you. Possibly you have started worrying about bills, health, relationships, or the future. It is easy to get caught up and stressed out over such things. Draw near to God by putting your attention on Him rather than the other things. Relax in the Lord and enjoy His presence. You can do this anywhere, at any time. God is here with you. Thank you, Lord, for your presence. (Hebrews 13:5-6)

You don't have to go to a certain place to find God. He is here with you right now. He is everywhere.

Speak the name of Jesus. Acknowledge God's presence, and He will show Himself mighty in your behalf. (Jeremiah 33:3) He will restore your soul. It is like restocking. God is filling you back up, refreshing, increasing, and causing the blessing to come, even as you read, in Jesus' name.

All of these things happen when you allow the Lord to be your Good Shepherd. Trust the Good Shepherd. Tell Him aloud, "Jesus Christ, I want you to be the Lord of my life. I trust that you know what you are doing with my life, and you care about me."

The Lord affectionately cares for you and watches over you even though you may have bouts with rejection or not being appreciated. God affectionately cares for you with all that is within Him. He desires to do everything to bless, love, provide, protect, defend, and look out for you. Why? Because He affectionately cares for you.

*"Humble yourself under the mighty hand of God and in due season He will exalt you. Cast all your cares on Him for He affectionately cares for you and watches over you."* (1st Peter 5:6-7 Amplified Bible)

The Lord was teaching me how He cares for us as I watched these people affectionately caring for us. It was so good. We had no thought about anything, of lacking anything, or having concern about any need. Oh, how God desires to care for us!

Think about God's care. Think about it some more. It will start to get inside of you, and your entire life will be changed. You will realize why Jesus said, "*My yoke is easy, and My burden is light.*" It really is light as you let God care for you.

➤ "*He guides me in paths of righteousness for His name's sake.*"

God actually guides us.

When my family and I first arrived, we boarded the bus to go to our lodging. It was a two hour drive from the airport. The driver turned to us and said, "No problem, mon! You just relax. That's what you're here for — to relax. I will do the driving."

Thank God he was doing the driving. Thank God *He* is doing the driving! It took me awhile to relax and trust the driver. First of all, I had to get used to being on the opposite side of the street. Then I noticed large storm pipes had been left in the middle of the road as we dodged potholes to the right and people to the left. We zoomed onward. Horns were honking, cars were turning around right in front of us, and the thought crossed my mind, *I don't have to be concerned about this... He is the driver.*" I just shut my eyes and relaxed. We arrived safely. I thanked God *and* the driver.

Trust in a loving God who affectionately cares for you and watches over you. He guides you in paths of righteousness.

Have you ever been concerned about sin or missing God's will and falling away from Him? The Lord guides us in His path to do what is His will. He leads us to the blessings He has prepared for us. Why? For His name's sake. We are His children.

The reputation of those folks was based on their care of the people who were visiting. They wanted people to enjoy their stay and come back. They wanted them to relax. Their reputation was at stake when the two tourists were quarreling.

God's reputation is at stake too. Are you a son or daughter of the Most High through faith in Jesus Christ as your Lord? If so, that means you belong to God. He will see to it that you get to where you need to go

and do what you need to do. (Philippians 2:12-13, and 1:6) This is for His name's sake, His glory and our good.

No problem, mon!

➤ “*Yea, though I walk through the valley...*” (Psalm 23:4)

Even during those times in life when we are going through the valley of the shadow of death and everything appears to be bleak and hopeless, God is still with us, caring for us. Therefore, we will not fear. God's best will happen.

There is a death to every vision God has given. There will be circumstances and situations that make it seem like it is impossible for it to happen. For instance, Abraham was old and Sarah was barren. It was impossible for God's plan to happen as people would think. But, No problem, mon! With God nothing is impossible or too difficult.

After Abraham had patiently waited, along came the blessing of God and the fulfillment of His promise: Isaac. God will hasten to perform His word and His will, but it is in His time. (Hebrews 6:10-20)

Have you become impatient with God? With God there are no problems, frustrations, set backs, or disappointments. “*Though the vision tarry, it is for an appointed time.*” (Habakkuk 2:3) God does everything in His time and way, and it is always perfect. Everyone benefits for good and is blessed. So relax, mon! The Lord has everything under control even though you walk through the valley of the shadow of death; you need fear no evil, for the Lord is with you. (Fear is unbelief.) God's perfect love casts out all fear. (I John 4:18)

Our minds tend to go toward unbelief or evil and dwell on problems if we are not controlled by confidence (faith) in God and His promises. (2nd Corinthians 10:3-5) People often think up problems even when things are going well. It is amazing how a person can have fifty-two blessings occurring in his life and still dwell on the one problem. Stop it! There are enough problems in life without making them our own. Jesus was saying something to this effect. Don't take any thought for tomorrow, because tomorrow will take care of itself. There is enough evil in tomorrow to handle itself. But don't bother about it. (Matthew 6:34) Deal

with it in Jesus' name in wisdom, grace, mercy, and power. Read Hebrews 4:13-16.

Deal with today. Trust and rely upon God on the way. (Proverbs 3:5-6) Do not strive.

“I am Jesus’ little lamb,  
Ever glad at heart I am.”

No problem, mon! Praise God! We are getting it. God’s word says, and we will say,

- *“I will fear no evil, for you are with me, Lord. Your rod and staff, they comfort me. You prepare a table before me in the presence of my enemies.”*

Would sitting down to dine with your enemies make you nervous? You know, the ones who don’t like you? God says He puts our name tag right next to them at the table, and He sits us down together.

What is God’s goal? He wants us reconciled. After all, *“God so loved the world (His enemies) that He gave His only begotten son, that whosoever believes on the Lord Jesus Christ will not perish, but will have everlasting life.”* (John 3:16)

No problem, mon! God figures that since He did it, He will help us to love on another too. You must be willing and then obedient. (Isaiah 1:19-20) Get ready to be blessed.

- *“He anoints my head with oil.”*

He has set His blessing and call upon my life. No evil or plague shall have power over my life as I walk with God. (Psalm 91:9-16)

- *“My cup overflows.”*

On the trip we never lacked for any good thing because everything was provided for us. All we had to do was ask. They were just looking and waiting to do something to bless us.

The Lord was showing me that He is like that – willing, ready, and waiting to do something for His people. He is just waiting for somebody to look up so He can see their eyes. Thank you, Lord! (2nd Chronicles 16:9) He is waiting for someone to ask in faith so He can fulfill their joy. (John 16:24)

➤ *“Surely goodness and mercy (and love) will follow me all the days of my life.”* (Psalm 23:6)

There are many people who think there are problems, curses, or a devil following them all the days of their lives. They are trying to run from all of them.

A man asked me one time, “Pastor, how can I not be harassed by the devil anymore?” I replied, “We can do one of two things. We can pray that you die (he did not appreciate that one), or you can grow up and quit wimping around, take your stand on God’s word, overcome by the blood of the Lamb, the word of your testimony, and in Jesus’ name by the power of God’s might.”

Quit saying the devil and problems are after you. Start speaking what the Bible says, *“Surely goodness and mercy will follow me all the days of my life.”* Note: it doesn’t say that problems, the devil, worry, cares, fears, doubts, and commotion will follow you. It says, “Goodness and mercy will follow me.” You might not have thought about that. What *do* you think about?

One day as we were sitting in a boat, we observed people para-sailing. Ever since I could remember, Diana had told me that she would like to go para-sailing. Have you thought about doing something but you never did it?

The Lord told me to get her up there. He said, “I want to bless her.” He continued, “There are many, many people who always want to do something, but they never venture out to do it. You get her up there!”

All week we had watched the para-sailing. One morning the time was right. I had been preparing for it all week, checking prices and making arrangements. One can watch for the better deals. Therefore, acknowledge the Lord to lead. Just because something appears to be good, does not mean it is. Get God's peace in your heart and mind. (Proverbs 3:5-6)

The boat was offshore, so Diana was placed on a jet ski and driven over to the para-sail boat. I was next. I was still thinking about it because I was growing to appreciate deep water better. Thank you, Lord. We got on the jet ski, and away we went over to the boat.

Straddling the jet ski and reaching for the boat, I was caught between the two. Have you ever been caught between two worlds? Maybe you felt like you were getting stretched. You cannot serve two masters, and you cannot be between two opinions. You have to make a decision one way or the other.

You cannot have rest and peace between two decisions. Either go with God, setting your mind on the things above and being blessed, or go with the devil and the world of the cursed. God gives rest, love, and peace. The devil gives torment and confusion.

I had to make a decision, jet ski or boat. I could not have one foot on the jet ski and one on the boat. You cannot have Jesus and the world. You have to make up your mind which you are going to have. (James 1:5-8)

I lunged for the boat. Grabbing on, I hung from the side. Hanging over the water, I realized that nothing was under my feet, and I froze. I heard a voice say, "Relax, mon!" This fellow didn't know what he was saying. I thought, *Relax when you are about to fall into the ocean depths and don't know how to swim?*

God put those words in his mouth – "Relax, mon!" Still, I left fingerprints imbedded in the side of the boat, but the Lord was teaching me a lesson. My perfect peace was gone as I hung by my fingernails.

"Relax, mon" - so I figured, *All right! I might as well relax. It isn't doing me any good to continue worrying, fearing, and being paralyzed and frozen on the side of the boat.*



The Lord was teaching me to trust Him and relax in those difficult situations. A hand was extended to me. As I relaxed, I was able to release my grip and take hold of the hand that was reaching to help me. I felt rather foolish, but as I looked up, I heard the words coming from this smiling, non-condemning, non-belittling person, “No problem, mon!” *“Yea, though I walk through the valley of the shadow of death, I will fear no evil, for thou art with me.”*

The Lord doesn't find fault with us. He just wants us to know we need to trust Him and receive His love, wisdom, and help. (James 1:5-8) However, we cannot receive His help if we are double-minded. We must seek God's wisdom and then act on what we perceive He is showing us. You will have peace when God is leading, and your mind is fixed on Him. (Isaiah 26:3)

Sometimes we hold on to people, health, finances, or relationships so tightly that we don't allow God to work His good will in our lives. He has another way. (Proverbs 3:5-6, and 2nd Timothy 1:12) Put your confidence in God. He will not leave you or forsake you. (Hebrews 13:5-6)

Whoosh! - The parachute filled with wind, swooping Diana up into the air. Looking through her telephoto lens, I snapped a picture of her smiling and waving at me while she let go of both hands. She was having a great time and so was I as I watched her enjoyment.

The Lord is good! God's word says, *“Surely goodness and love and mercy will follow me all the days of my life.”* I watched God blessing my bride with something she had always wanted to do, for whatever reason.

Maybe it was something that she had to overcome. Maybe it was something she just wanted to experience and enjoy. God said He wanted to bless her. I remembered that she had a fear of going up on the roof. Previously, her way of overcoming that fear was just not to go up there. Simple. Just don't deal with the problem.

Many people don't deal with their fears. They don't do anything about them. Note: You won't get rid of your fears that way. God gives us strength and grace sufficient to overcome our weaknesses and all things in Jesus' name. (2nd Corinthians 12:9, and Philippians 4:13) As the Lord directs, confront and overcome your fears in Jesus' name.

I was watching the same girl who had been so petrified about climbing up on a roof or ladder - soaring up, up and away – para-sailing. Wow! Thank you, Lord. You truly do deliver us from all our fears, giving us the freedom to enjoy life as you have intended. (Psalm 34) We are to put our *“hope and trust in God who richly provides us with everything for our enjoyment.”* (1st Timothy 6:17)

I was riding in the boat and praising God as I watched this “goodness and mercy” going way up in the air behind me, following me. I got so excited that when we landed at the dock, I recruited my daughter, my son and another couple who were sitting on the beach to go para-sailing.

Fears and insecurities hinder God’s blessings, making us unstable and dangerous to ourselves and others. Fears are taught, imagined, and experienced, based on previous happenings or observing others’ experiences.

My children and the other couple had no trouble with the para-sailing. They loved it. The husband had always wanted to do it but had not. The wife was interested but afraid. Both, with encouragement, stepped out and were blessed. They kept thanking us for encouraging them to do it. We took pictures and sent them the pictures so they too could remember the wonderful experience.

We need to remember how God has seen us through previous experiences. Remembering God’s faithfulness in the past gives us faith, strength, and courage for what we face the next time in the present. (Romans 5:1-5)

It is great to watch God’s goodness and mercy following me all the days of my life. God’s mercy enables people to step out and do something they have never done before but wanted to do. I believe God puts desires in people’s hearts. As you delight in the Lord, He gives you the desires He has placed in your heart. (Psalm 37:3-9) There is a timing, circumstance, and appropriate place for it to happen. When God says, “Do it!” then JUST DO IT! JUST DO IT! There is a blessing awaiting you.

Don’t be concerned that you may have missed it. “Maybe I didn’t do what God told me to do, and now I am not going to get another chance.” God gives us opportunities in life to take the test until we pass or

master it. If something is in the plan of God, you will get another chance to do it. The righteous understand that their steps are ordered of the Lord. They might stumble, but God will help them and hold His hand out to them. (Psalm 37:23-25)

The result of *“Surely goodness and mercy will follow me all the days of my life,”* is *“and I will dwell in the house of the Lord forever.”* Say it aloud... *“I will dwell in the house of the Lord forever.”* Now put the emphasis this way, *“I will dwell in the house of the Lord FOREVER!”*

### Final Words

When you know you are secure, you are blessed. The blessings will increase as you trust, rejoice, and rest in the Lord. God’s peace will be in you, on you, and around you. (Philippians 4:4-13, 19)

When you know your life is in God’s hands, then you can be content. (Philippians 4:10-13) When you know you are blessed, and you are thankful, then the blessing will grow and grow.

Life is full of God-adventures. Whatever is intended for evil, God will turn to our good and to His glory. Understanding this, we are free to be a blessing to others as well. (Genesis 50:19-21) Jesus wants us to experience an abundant life in Him.

I purpose in my heart to seek the attitude of humility that I saw displayed through the folks’ servanthood and caring. In addition, I want to see you learn how to relax and enjoy the blessing of God in your life, just as the Lord has revealed in His word and we have shared.

The key to abundant life is realizing and living in the principle of contentment and rest in Jesus. There are no problems or emergencies with God. There are just praise reports in the happening.

**NO PROBLEM, MON!**

Trust and relax in the Lord. Do what He directs you to do, if anything. Don’t make your own problems, but if you should, God has a provision. If you are going the wrong way, God is faithful to say, *“Go this way.”* (Isaiah 30:21)

The Lord is helping us to abundantly live the life He has given us. (Philippians 2:12-13) Let Him!

**NO PROBLEM, MON!**